LONE WORKER SAFETY CHECKLIST

Managers of field-based teams: Evaluate the strength of your current safety program and identify gaps in under 10 minutes.

1. POLICY & RISK ASSESSMENT

- [ ] We have a written lone worker safety policy that is reviewed annually.
- [ ] There is a procedure for denying or rescheduling visits deemed unsafe.
- [ ] We conduct risk assessments before each visit, considering client behavior and environmental factors.

2. TRAINING & FIELD READINESS

- [ ] All field staff receive safety training during onboarding.
- [ ] We provide annual refresher training on de-escalation, situational awareness, and emergency response.
- [ ] Training is tailored to the specific risks workers face in the field.

3. TECHNOLOGY & TOOLS

- [ ] Staff are equipped with a mobile app or device to signal emergencies in real time.
- [ ] We have a system for check-ins/check-outs that triggers follow-up if missed.
- [ ] There is 24/7 coverage so workers can reach someone during night or weekend visits.

4. RESPONSE & SUPPORT

- [ ] Reporting is easy to do (online, mobile, or anonymous) and regularly encouraged.
- [ ] Managers are trained on how to handle incidents and communicate with emergency services.
- [ ] We make policy updates or procedural changes after incidents when necessary.

🟢 **10–12 points:** Your safety protocols are well-established and proactive.

🟡 **6–9 points:** You have a solid foundation, but there are key gaps to address.

🔴 **0–5 points:** High risk. Now is the time to make lone worker safety a priority.

Want to improve your score?
Visit www.katanasafety.com or book a meeting using the QR code →